

Child Care Health Consultation Lesson Plan

Contractor Name: Department Standard Training

Date Submitted: 11/05/2013

☐ **Children's Health Promotion**

Adult Training on Content Area V: Health and Safety Select one standard and one level	Health and Safety Standards	Training Levels
	<input checked="" type="checkbox"/> Promoting Risk Management Practices <input type="checkbox"/> Protecting Children and Youth <input type="checkbox"/> Promoting Physical Health <input type="checkbox"/> Promoting Mental Health <input type="checkbox"/> Promoting Healthy Eating	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
	Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011	

Title: American Heart Association Heartsaver Pediatric First Aid CPR AED

Training Goal: Provide childcare providers with the knowledge and skills necessary to help sustain life and minimize the consequences of injury or sudden illness until advanced medical help arrives

Learning Objective(s): Participants will successfully demonstrate appropriate responses for various emergencies involving children

Topical Outline of Content	Training Method(s)	Time (in minutes)
Welcome/ Introduction (<i>all video minutes mandated by AHA</i>)	Lecture/Video	10`
First Aid Steps: Indoor and outdoor prevention, car safety and prevention, assessing the scene, washing hands, universal precautions, exposure to blood, taking off gloves, first aid action plans and first aid kits	Lecture/Video/ Practice While Watching (PWW) Discussion Skills Test	60`
Group A Topics: Illness and Injuries Stopping bleeding and bandaging, shock, allergic reaction, epinephrine pen Asthma, dehydration, diabetes and low blood sugar, heat exhaustion and heat stroke, hypothermia, drowning	Video/ Skills practice and Skills Test/ Discussion	60`
Group B Topics: Illness and Injuries Amputation, bites and stings, broken bones, sprains and bruises, burns and electrical injuries, eye injuries, fainting, fever, frostbite, head neck and spine injuries, poison, seizure, splinters, tooth injuries	Video/ Discussion	90`
Child CPR/AED/Choking	Video/ PWW/Student Practice/ Skills Test	90-100` (use of mask optional)
Infant CPR/Choking	Video/PWW/ Student Practice/ Skills Test	90-100` (use of mask Optional)
Adult CPR/AED/Choking (this module optional if provider does not care for children age 13 and over)	Video/PWW/Student Practice/ Skills Test	60` Total: 480 min.

Method(s) of Outcome Evaluation: Successful demonstration of required skills tests

APPROVED FOR 8 CLOCK HOURS

FOR MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES USE ONLY

Date Approved:
NOV 5, 2013

Authorized Approval Signature: 

Date Expires:
NOV 5 2016